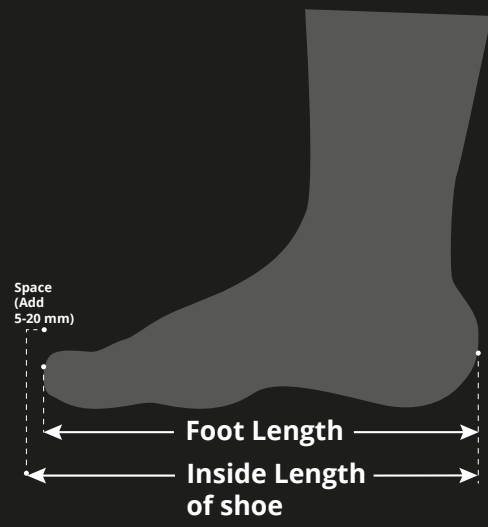
NORDWEAR®

SIZE TABLE SAFETY SHOES

SIZE EUR	SIZE UK	SIZE USA	INSIDE LENGTH OF SHOE MM
35	2	3	235
36	3	4	242
37	4	5	249
38	5	6	256
39	6	7	262
40	6,5	7,5	269
41	7	8	276
42	8	9	280
43	9	10	286,6
44	9,5	10,5	293,3
45	10	11	299,9
46	11	12	306,6
47	12	13	313,3
48	13	14	319,9

The Mondopoint system is used in the work and safety shoe industry, where precise sizing is crucial to ensuring comfort and safety. Workers who are on their feet for long hours benefit greatly from properly fitted shoes, and the accuracy provided by Mondopoint sizing helps reduce discomfort, fatigue, and the risk of injury.

Mondopoint:
Length: The primary measurement is the length of the foot in millimeters.
For example, a Mondopoint size of 270 means the foot is 270 mm long.



Insole length is usually 5-20 mm longer than foot length

To measure your feet, you only need a sheet of paper, a ruler, and a pencil:
1. Place your foot on the paper and keep it flat.
2. Mark the tip of your big toe and the back of your heel.
3. Measure the distance between the two points.
4. Repeat for both feet and use the larger measurement, as feet may differ in size.
5. Add 5–20 mm for extra space in front of your toes. The exact amount depends on the shoe model and your comfort preference. Remember that your feet also tend to swell slightly throughout the day.

Use the table above to convert your foot length into the correct shoe size.

NOTE: It is recommended to have your foot measured when purchasing footwear as there is no exact standard for converting shoe sizes.